

Culver Ice Arena

4545 Sepulveda Blvd. Culver City CA 90230

Phone: 310 398-5719 www.CulverIceArena.com



POWER

STROKING

INCREASE

POWER & AGILITY,

BOOST STAMINA,

IMPROVE BALANCE,

& BUILD CORE STRENGTH.

SUNDAY 10:00-10:45AM

\$12 PER CLASS WALK-ON ONLY

ALL AGES * NOT A BEGINNER CLASS.

**MUST BE PROFICIENT WITH FORWARD
& BACKWARD SKATING & CROSSOVERS.**

FULL EQUIPMENT REQUIRED WITH STICK.

NO RENTALS ALLOWED.

FOR MORE INFORMATION CALL SHANNON @ 310 398-5719